

INTRODUCING



Your 2025 Wellness Incentives

Use BlueCare Connect for wellness

The days of jumping from app to app are over. Now you can find your wellness program, customer service, and health coaches all in one place: BlueCare Connect. Even with the new app, the features of your wellness program should feel familiar to you:

- ✓ Incentives to earn points (if applicable)
- ✓ Integration of activity trackers (FitBit™, Garmin®, Apple®, Samsung®, Google Fit™, and others)
- ✓ Ability to track self-reported activity (for example, nutrition and sleep)
- ✓ Articles on healthy topics
- ✓ Social activities like step challenges



How to get started with BlueCare Connect

- Register your member account at bluecareconnectri.com after January 1, 2025.
- Download the **BlueCare Connect app** for added convenience.
- Go to bluecareconnectri.com or use the app to log in to BlueCare Connect anytime.



Frequently asked questions

Do I have to use BlueCare Connect?

Yes, that is the new home of your wellness program.

Will I be able to use a Max Buzz?

No. However, BlueCare Connect syncs with most commonly used tracking devices and apps (FitBit™, Garmin®, Apple®, Samsung®, Google Fit™, and others).

Where can I learn more about BlueCare Connect?

Watch useful videos and find details at bcbsri.com/bcc.

What if I still have questions?

Contact your employer or call the number on the back of your BCBSRI member ID card.



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